Choose one of the following:

Any "Breakfast" Menu Item

Top 20 Popcorn Buffalo Chicken Crisp
Popcorn chicken, tomatoes, and melted cheddar ‘n jack cheese, topped with buffalo sauce folded ‘n grilled in a flour tortilla. Served with a side of chunky bleu cheese.

Chicken Crisp
Diced grilled chicken breast, tomatoes, and melted cheddar ‘n jack cheese folded ‘n grilled in a flour tortilla. Served with sour cream or salsa.

Top 20 Garden Crisp
Sautéed peppers ‘n onions, tomatoes, and melted cheddar ‘n jack cheese folded ‘n grilled in a flour tortilla. Served with sour cream or salsa.

Top 20 Chicken Caesar Wrap
Grilled chicken, lettuce, parmesan cheese, and Caesar dressing a flour tortilla.

Turkey Melt
Grilled turkey, lettuce, tomatoes, and honey mustard or mayo in a flour tortilla.

The Original Sandwich
Grilled chicken breast, lettuce, tomatoes, and your choice of honey mustard, mayo, or bbq sauce served on a fresh semolina roll.

Top 20 Popcorn Buffalo Wrap
Popcorn chicken, seasoned potato wedges, lettuce, and tomatoes topped with buffalo sauce and chunky bleu cheese dressing, rolled in a flour tortilla.

Top 20 Rajun Cajun
Cajun grilled chicken breast, lettuce, tomatoes, melted pepperjack cheese, and homemade buttermilk ranch wrapped in a flour tortilla.

Philly Cheese Steak Wrap
Grilled, hand trimmed top round steak, sautéed peppers ‘n onions, and melted American cheese rolled in a flour tortilla.

Chicken / Steak Fajita
Peppers ‘n onions sautéed with Hansel’s fajita seasoning, topped with melted cheddar ‘n jack, sour cream, and salsa in a flour tortilla.

Veggie RRP ‘n Fresh Mozzarella
Roasted red peppers, fresh mozzarella, fresh basil, and balsamic in a flour tortilla.

Mediterranean
Romaine lettuce, Kalamata olives, hot peppers tomatoes, cucumbers, and feta cheese with balsamic dressing in a garlic herb tortilla.

Extra toppings not available. All Meal Exchanges come with a Poland Spring water bottle.
1. **Samosa Chaat**
   Samosa served with chickpeas topped with Red onions, Green chutney, Tamarind chutney and Yogurt sauce

2. **Platter**
   Served on Flavored Yellow Rice with Chickpeas, Salad and Raita.

   - Tandoori Chicken (D)
   - Paneer Sashlik (D)
   - Saag Paneer (D)
   - Lamb Shish Kebab

   - Chicken Tikka (D/N)
   - Paneer Tikka (D/N)
   - Lamb Shaami Kebab
   - Goat Curry

   **Note:** $1 extra for Shish Kebab and Goat Curry
   *Allergy: (D) Dairy  (N) Cashew  (V) Vegan*

   **Bread:** Naan $2  /  Garlic Naan $3

3. **BURRITO**
   Flour Tortilla with your choice below, rice, black beans, sour cream and cheese.

   - Tandoori Chicken (D)
   - Paneer Tikka (D)
   - Scrambled Egg

   - Chicken Tikka (D/N)
   - Paneer Sashlik (D)
   - Sautéed Vegetables

   All Exchange Meals comes with soda or water. Doesn’t include Indian Soda or specialized drinks.
WASHINGTON STREET
WEDNESDAY

Flatbread Grill Menu

CHOOSE A MELT & ONE SIDE

Chicken Chipotle
Chicken Pesto
Chicken Chipotle
BBQ Chicken
Cheesesteak
Mozzarella Tomato

Choose a Side
French Fries, Pita Chips, White Rice, Cracked Wheat, Sheperds Salad

OR

MINI FLAT-TOP PLATTER

Chicken or Falafel

Choose a Side
Shepherd Salad, Chickpea Salad, French Fries, Pita Chips
Choose a Sauce
Yogurt Cucumber, Red Hot, Green Tahini
Choose a Rice
White Rice, Cracked Wheat
Choose a Bread
Original Piatta, Whole Wheat Piatta

ALL MEAL EXCHANGE INCLUDES FOUNTAIN DRINK

MENU SUBJECT TO CHANGE - NO DELIVERY
517 WASHINGTON STREET
WASHINGTON STREET WEDNESDAY

Benny Tudino’s

CHOOSE ONE

One or Two Slices of Cheese Pizza
(toppings are additional)

Any Hot Sandwich Below
Grilled Chicken, Sausage Parmigiana, Meat Balls Parmigiana, Chicken Parmigiana, Eggplant Parmigiana,
Cheese Calzone and Sausage or Ham Calzone

Any Wrap Below
BBQ Chicken, Turkey Wrap, Caesar Chicken, Tuna Wrap, Roast Beef, Veggie Wrap

ALL MEAL EXCHANGE INCLUDES A REGULAR FOUNTAIN DRINK

MENU SUBJECT TO CHANGE - NO DELIVERY
622 WASHINGTON STREET
WASHINGTON STREET WEDNESDAY
Stacks Pancake House & Cafe

STACKS
PANCAKE HOUSE & CAFE

CHOOSE ONE
Any Light & Fluffy Pancakes
- Stacks Original
- Gone Bananas
- Slice of Heaven
- Blueberry Craze
- New! White Out
- Chunky Monkey
- The Big Apple
- New! Tio Pepi’s Favorite

- Red, White & Blue
- Strawberry Fields
- Silver Dollar Pancakes
- Healthy Original
- Berrylicious
- The Chocolatier
- Oreo Cookie
- Hot Cross Buns

Any French Toast
- Original
- Apple Cinnamon
- Fresh Fruit
- Chocolate Chip
- Stacks Cinna-Toast

Any Belgian Waffles
- Original
- Blueberry
- Strawberry
- Banana
- Apple
- Chocolate Chip

Chicken Breast Tenders
- or Loaded Chili Nachos

ALL MEAL EXCHANGE INCLUDES A FOUNTAIN DRINK OR COFFEE

*GRATUITY NOT INCLUDED*

MENU SUBJECT TO CHANGE - NO DELIVERY
506 WASHINGTON STREET